

DARK SIDE HYPNOSIS



Alright, so now I want to talk to you about Predictions because I got an email from Chris A who is one of our members, and basically Chris was saying that he loves using these technique for social proof to covertly take over groups of people, so he wants to know if there are any more social proof techniques that I'll be teaching.

Well, if you want social proof techniques then you'll love the technique that I'm about to give you right now.

This technique that I've called predictions will let you influence someone in a way that you can predetermine their behaviour so that it looks like you can make predictions.

So this is a coin in hand social proof trick, one of the best things about this trick is that it's very simple to do and you can do it wherever you want.

So what you're going to do with Predictions is to start off with you're going to find a target and then get any sort of coin that you have on you, and then you're going to put the coin in one of your hands behind your back and then bring your hands out in front of you, and your target has to guess which hand the coin is in.

So with this part of the social proof technique what you're trying to do is make them guess the wrong hand.

Now there are a few ways to do this where you can covertly influence them to choose the wrong hand.

The first way is to do it is to act as if you're explaining the game and then whilst you're explaining the game act as if you're pulling your hands out from behind your back and then showing them which had the coin was in.

So for example, if when explaining the game you show them your right hand as if the coin was in your right hand then usually about 90 percent of the time when you play the game for real then they will choose your right hand on the first move.

Then of the next move you can put your hands behind your back again, and with the coin in your hands behind your back you can say "Ok, so I'll now swap the coin around behind my back."

When you say this your target is peripherally imagining you swapping the coin into your other hand, so of course because of this embedded suggestion then they are most likely to say the coin is in your left hand.

If you want to continue playing the game for a few more rounds then there are a few more embedded suggestions that you can try out. For example you could say “You’re not doing too well, you do know how to play this... RIGHT?”

Or you could say “Ok, you’re not doing too well at this, so let’s say you’ve got one go LEFT.”

So that’s just a couple of embedded suggestions that you can try out. Another thing I like to do is to say, “Now, I’ve either kept it in the same hand and as be confuse you as. Or, I’ve swapped it into the other hand to catch you out. So which hand do you think it’s in?”

The reason I say that is because by using the phrase “and as be confuse you as” confuses them and tempts them towards the same hand again so if I swap the coin to the other hand then I can catch them out.

Now a few more things are obviously you need to keep your hands fairly identical when you bring them out from behind your back, but one thing that I like to do is tense the hand that doesn’t have the coin in it as if it is holding on to something tight, and let the one that isn’t holding anything be a little bit more relaxed.

The of course the next time I will swap it around. So the hand that is holding the coin will be more tensed and the one that isn’t will be relaxed. The reason I do this is because otherwise they will catch on pretty soon.

If you use this social proof technique a lot then you’ll definitely find your own ways of making people choose the wrong hand, but those were just a few to get you started.

Now of course with this social proof technique you can also turn the tables so that your target is the one who has the coin behind their back and then you are the one who is guessing which hand they’re putting it in.

Now I personally think that predicting which hand they’ve put the coin in is even easier than trying to influence them to choose a particular hand and the reason why is because it all comes down to reading a person’s body language and sub-communications.

So if you remember back to The Lie Detector where we talked about the things people do when they are trying to deceive a person and how their body cannot help but leak out sub-communications.

Well it’s the same thing with this social proof technique.

If your target is holding both of their hands out and has a coin in one of their hands and you are to guess which hand the coin is in, then they are going to be doing everything possible to make sure that you don’t figure out the right hand.

The problem is, the very act of them trying so hard to deceive you will in turn make them leak signs of deception even more, and so it should be fairly easy for you to detect the right hand.

The very first thing to do is stare into their eyes very intently. Really put the pressure on them and then usually you will notice some kind of deception leak, and it will usually point to a particular hand.

For example look at the direction they're facing. Usually their head will be slightly more tilted in one direction, and it's usually the direction of the coin.

Look out for eye or mouth twitches.

Look out for eyes movements. If you're targets eyes look towards one hand then it's usually that hand.

Also don't forget that you can talk to them and ask them questions to try and help you out. So you can ask them "Is the coin in this hand?" and then ask them about the other hand whilst saying the same question. So again you would say "Is the coin in this hand?"

Pay attention to their tone of voice, listen for pauses before they answer, or breaks in their voice. Usually you will be able to spot something.

One more technique that you can use is to give your target the embedded suggestion that the hand with the coin is heavy, so you can look at them right in the eyes and say "Concentrate on the coin... Wait.... Wait.... Wait!"

The after you've said that push down on both of their hands and it will actually seem like one of them is heavier than the other.

So the reason this one works is because you're telling them to concentrate on the coin and then you're giving them the suggestion that is heavy by saying "Wait", but of course because of phonetic ambiguity the brain can interpret the word as WEIGHT.

Alright so a really cool social proof technique that you can do anywhere with no preparation and once you play around with it a few times then you will definitely see how easy it is to influence people as well as reading the sub-communications they're giving you.