

# **Dark Side Inner Circle**

## **Edition 006**

Alright,

Welcome to this month's edition of The Inner Circle.

I've been getting a lot of feedback from you guys telling me that you wanted to know more about social proof techniques, so if that's what you want to know then that's what you're going to get.

First off, the major quality that makes someone an Alpha Male is social proof.

Proving that he's the man, proving that she is the person that everyone wants to hang out with.

Social proof is proving to your society around you that you should be number one. Doing things that make people think wow this guy is cool.

The more people that are giving you compliments and thinking wow, that was good. That you're the funny guy, whatever your niche is for this, then the more social proof you will have.

Alright, so there are three main types of social proof.

So the first social proof example that I'm going to give you is to be the knowledge guy.

Being the knowledge guy is basically what it sounds like, it's all about being the guy who is knowledgeable, the guy who knows the trivia, the guy who knows the interesting facts, or the stupid stuff.

The point here is just become someone who is interesting and can spout out interesting stuff to immediately gain social proof.

And think about it, if someone sits there and tells you a crazy fact that you never knew and follows it up with another, you're like yeah, I could sit here and listen to this guy for a bit, that's pretty cool, this is an interesting guy.

Now as an example of becoming the knowledge guy, I'm going to give you one example of a something I like to use and that is being the guy who knows a lot about the unexplained.

The reason why is because this kind of stuff interests everyone.

For example did you know we actually have no idea how the Egyptians built the pyramids and even with today's technology we couldn't build them if we tried.

As well as that, the Egyptian's literally documented everything they did on a day to day basis, but the only thing that is not documented in their history is how the pyramids were made.

Ok, so that's an example of being the knowledgeable guy.

Just knowing things which are interesting to other people make you an interesting guy, and if a conversation ever gets boring, if I'm needing to overtake someone then

I just spout out some interesting knowledge and I'm back in control of the frame and this is giving me social proof.

I mean think about how much you can talk about that kind of stuff and keep a conversation going, and it's something which you brought to the table.

So anyway, this is providing social proof. Proving to people why you have a high social status, you're an interesting guy, you know these interesting facts.

Now the next one is be the funny guy. Now there are two types of funny. You have joke funny and you have witty funny. If you want to get better at witty funny then you just have to practice.

And I know a lot of people will say I'm just not a funny guy, I'm just not one of those people that thinks on their feet, well no one is born like that, it just takes practice.

With joke funny all you need to do is get online, learn some funny jokes, and if you're a bad joke teller then just learn some one liners.

And the last social proof is the mind tricks.

So things like influencing someone's mind to make a certain choice, or mind reading.

And these are really good social proof tricks that usually work and people are just blown away and they're like "How did you know that?" And then they see you as a guy who's really interesting and funny and even has neat little tricks and it gets people talking about you and obviously any time anyone's talking about you then they're upping your social proof and putting you in a better alpha stance.

So a perfect example of this kind of social proof is The Looking Glass.

The Looking Glass Technique is basically some devastatingly powerful cold reading which will let you stand out from anyone else your target is ever likely to meet.

So the first step is to do a cool psychic trick where you're able to guess either your targets birthday or their middle initial.

The second part of the Looking Glass is to do some hard-core cold reading to demonstrate an understanding of their reality and pull them into your world.

It's pretty cool stuff and it's such a powerful technique that as soon as you use it you'll immediately been seen as someone who has a real understanding of people and this is one of the most attractive traits to possess.

Now as I said there's two parts to the Looking Glass and the first part can be done in two different ways. The first way you can do it is by guessing your targets birthday but the problem with this technique is you need to have a good wingman to assist you,

but hopefully by now you have some good betas by your side if you've been using the Authority Hijack so you can use your betas for this.

If you're alone then you can use the solo version where you guess your targets middle initial, so if their middle name is John, this technique will let you guess J. If they don't have a middle name then you can guess the initial of their first or last name.

So if you have a friend you can trust, you can easily guess your targets birthday and the way you do it is you go into the other room or a place where you can't hear your target tell your friend what their birthday is... Then you come back in and your wing will use the psychic code to let you know the birthday of your target. Now before I tell you what it is, don't worry you don't need to write it down right now, I've included it in the PDF so you can just download it, memorise it and put it to work for you right now.

So here's the code:

1. I
2. So/Go
3. Try
4. Will
5. Would/Could
6. Please
7. Quickly/Perhaps
8. Now
9. Alright
10. O/1o-Okay

If you miss a cue for your wingman then you need to say, "You're a hard person to read." If your wingman messes up a cue, then they can say "delete" to you to erase what was just said.

Now I know that might sound a little confusing so let me break it down for you. So let's say that you decide you want to use the looking glass technique on with your target to demonstrate value, so what you need to do is tell your target that you can guess their birthday then you go out the room as your target tells their birthday to your wing... when you come back in this is when it all starts...

Let's say your target's birthday is 9th of March... So you come back in the room and right away your target says to you "Alright... try and tell us what it is" That's it, that's all my wing needs to say to me and I know it's the 9th of March...

because if we go back to the psychic code "Alright" means the 9th and "Try" means the third month... so the 9th of March.

Ok so just to make sure you get it let me give you another example... but this time I'll make it little harder so let's say the birthday is the 22 of the 12th, so the 22nd of

December... So when I come back into the room all my wing has to say to me is “**So...Go** ahead and tell us what it is, **I** know you’re not going to get this one but **Go** ahead, you may as well try anyway...”

So my wing has just communicated to me the psychic code of **So, Go, I, Go**. Now this one is pretty tricky and maybe I missed one of the psychic cues so they all I need to do is let my wing know I missed it... so all I need to do is say “You’re a hard person to read...” then my wing knows I missed it and he can give me the code again... so then my wing says to me...

“**So, Go** on... try harder, **I** think you won’t get it...**Go** on give it a **Go**...”  
Now this time I should have been able to figure out the birthday but the trick is to play it up and look at your subject and say... “Ok, just think of it... picture it in your head... look at me ... now this isn’t some favoured psychology thing, it’s just a guess... alright... if I’m wrong, I’m wrong... Ok... 22nd of December...”

So you’ve just guessed their birthday and if everything went according to plan as it usually does with the looking glass technique then right now your subject will be amazed and asking you how you did it and they’ll be thinking you have special power, now whatever you do don’t tell them how you did it...

Now if you’re alone and you want to do the solo version then the first thing you need is a tool called a swami writer.

Basically a swami writer is tool used by magicians which lets you write on a piece of paper using your thumb, so if you can imagine, you can hold a piece of paper at the right angle and your target won’t be able to see what you write so you can make it look like you’re reading their mind where as in fact what you’re actually doing is getting them to tell you their initial and then you’re writing it down.

You can pick up a swami writer for less than 20 bucks and in my opinion it is definitely worth it as this is an awesome social proof trick and it’s a good lead up to the second part of the looking glass technique.

So if you do want to buy a swami writer then just go to Google and search for one and you’ll find a whole bunch of online stores that sell them.

If you don’t want to spend money on a swami writer you can still use this trick. First of all you need some super glue, and I know it seems strange but you’ll see why in just a second... and you also want to get yourself some pencil leads that go inside one of those click pencils, and you can easily find them on the internet by going to Google.

And you want to get a soft lead because when it’s written down it makes it look more like you’ve actually used the pencil. Then what you need to do is just break a small amount of the lead of, and then you put some superglue on the end and then you stick

it under your thumbnail and then when you move your thumb you can write on the paper without even using the pencil.

And you need to be sure you're doing it at the right angle of they will see you writing it.

So what you need is a pencil and something to write on... now when you're doing this part of the looking glass technique there's a chance that the person will say to you... "hey why do you carry around a pencil and paper..." they probably won't but there is always a chance, and because we're always 50 moves ahead of anyone we talk to, the way to get around it is to have a folded up map that you've printed off from Google maps...and you can write on the blank side of the paper, and you also want to carry around a hotel pencil...

So if someone asks why you carry round a piece of paper and a pencil you can say "No this is just a map of a party I've got to show my face at later and I got this pencil from the hotel I was staying at last night..." and then just move on and continue with the looking glass technique.

So you say...

"Do you have a middle initial... yes or no?"

"Yes"

"Ok, just think of it... picture it in your head... look at me ... now this isn't some favoured psychology thing, it's just a guess... alright, what is it... if I'm wrong, I'm wrong..."

And then they will tell you what it is, so let's say they say the letter is a "C".

So as you're writing down the letter "C" you can say:

"So what do you think are the statistical probabilities of me getting this right or wrong?"

And then your target will probably say something like "I have no idea" or if they're smart they might say "3.846153".

But the point is it doesn't matter what they say because all you're doing is giving yourself enough time to write down the initial of their middle name, so once you've written it down then show it to them and they'll be amazed and they'll have no idea how you did it, and that's the first part of the looking glass.

The second part, which we're about to get into right now is all about cold reading your subject to demonstrate a real understanding of their reality and to pull them into your world.

So if you've never heard of cold reading before, it's about telling people truisms about themselves without actually knowing anything at all about their personality or their background.

And if you've ever seen a psychic, a medium, or a spiritualist perform on TV, or maybe you've even seen someone in real life give the illusion that they have some kind of paranormal abilities, then you've definitely seen someone using cold reading. Because cold reading is the only reason why psychics appear to have any insight into someone's past, present or future and I'm about to show you just how powerful and manipulative it can be and how you can use this cold reading covertly anytime you want, to influence anyone one, any place you want.

So to give you a better idea of just how devastatingly powerful cold reading can be, let me introduce you to The Forer's Experiment, which took place in 1948...

Basically what happened was Forer gave out a personality test to his students and he told them that after they handed their tests back he would score the test and then give them an individual assessment of their personality.

But what actually happened is Forer gave out the same analysis to every student and the analysis he gave out was just one he copied from a newspaper astrology column.

Then, after all the students had read their apparently individual personality analysis they were then asked to rate the description on a scale of zero through to five, with five being the most accurate.

The average rating that the students gave to the analysis was 4.26... So even though every student had the exact same personality analysis they all said it was pretty accurate.

So what the Forer experiment shows us is that people will accept generalised descriptions of their personalities without realising that the same generalised description could apply to nearly anyone.

So when it comes to this part of the looking glass technique we're going to be using the same approach a psychic uses to convince people that we're actually reading their minds.

And the way we can use this for the looking glass technique is to understand that every human experience falls into a few basic categories, and the categories are: friends, family, love, sex, adventure, travel, money, health, work, business and money.

And once you understand that, you'll realise that whenever you hear a psychic doing

their reading, they always seem to say the same kind of things.

And the reason for that is because cold reading is basically making vague statements

to your subject that could be applied to almost anyone and then letting your subject interpret the vague statement in their own way so that it seems like what you've said to them is actually quite direct and specific whereas in fact you're not being direct or specific at all.

So as an example one of the cold reads that you will often hear a psychic say is:

*"What I'm getting from you is that you had an accident when you were younger..."*

And I've heard this cold read in pretty much every cold read I've ever heard and the reason behind it is because it's really so vague and I would say it can be applied to 99.99 percent of people.

I mean, put it like this...

Let's say I'm cold reading a guy and he's 45 years old and I say to him:

*"What I'm getting from you is that you had an accident when you were younger..."*

Well first of all when I say the words "when you were younger" I could be talking about 40 years ago or I could be talking about 1 year ago, because the point is, if this

guy is 45 years old then there is a good chance that he's had some kind of accident, at

some point in his life time, so chances are he will apply this vague statement to some

accident he's had in his life.

And when I say the word accident, it's vague it could mean anything. It could be falling of his bike, nearly drowning in the lake, a car accident, anything.

And that's the point of cold reading, by making vague statements that apply to almost

anyone, it makes it seem like you're making statements that are so direct and specific

where as in fact you're not at all.

Ok, so let's move on and get on to the good stuff but first one point I want to make here is when you're using the looking glass technique... whether you're using the guessing the birthday trick or the guessing the middle name trick then or your using the cold reading technique we're about to get into... you never want to say that you're

psychic of you're using your psychic powers because people will just find you weird and creepy...

Instead when people ask you how you're able to know so much about them just say that people have this predictability about them and you're using your intuition about a person or your just really good at understanding people.



And when you frame the looking glass technique like that, the whole process becomes much more mysterious and people will be drawn in and they will see you as someone who has legitimate value so they will see you as the alpha and as the controller.

So as I've already said, you want to introduce this technique as part of a normal conversation, and don't go making a big deal out of it, just act like you've just noticed something about your subject.

So I usually say something like:

*"You know... I've just realised something about you."*

And then they usually ask what it is, and then I say:

*"I'll tell you something about yourself that people probably don't know..."*

And then they'll ask me again what the thing is that I've noticed, so then I'll make a mini cold read based on what I can observe about the person I'm talking to.

So I might say something like:

*"What I see when I talk to you is this really soft centre, but you've built this kind of hard armoured shell around yourself."*

And this kind of mini cold read is so vague and it applies to almost everyone so without a doubt they will agree with it and then they'll ask me how did I know that. And then what I do as a way to really hook them into what I'm about to do is I say:

*"Because I'm watching your eyes when you talk, and every time you think about something your eyes go down and to the left and that means that you're a kinaesthetic person, so you're someone who lives in their feelings."*

So can you see what I'm doing there, I'm demonstrating value by teaching her about eye accessing cues.

And you know how to do this, I've taught you all about eye accessing cues in The Lie Detector section of this course, so just pay attention to their eye movements, and use what you find out.

And then I'll go into the whole cold reading piece and the whole idea behind it is to make your subject agree with your cold reads and say "Yes" as much as possible... the second thing you need to do is anytime they seem unsure and they're saying maybe then you need to turn "Maybe's" into "Yes's" and the last thing you need to do is anytime they flat out say no then you need to turn that is "No" into "Maybe"

And the way to do that is by using this system:

Yes=And  
No=But  
Maybe=And

So using that system, cold reading is basically goes like this, first of all you make a generalised statement, if the reaction is positive, so they're saying yes then you carry on in the direction you were heading with your statements, if they say maybe then you keep on going in the same direction, and if your subject says "No" to any of your statements or gives you a response that's negative and they're not agreeing with you then you need to say "but" and then expand on the statement with another generalised statement...

So as an example the first cold read I make about a person I will usually say something that I'm pretty sure they're going to agree with so I would say something like:

*I can tell that you have a pretty likeable personality and you're generally the kind of person who gets on with other people...*

Ok, so that is the first statement I usually make and the reason why I always use something like that as the first statement is because is not too intrusive, it's not too personal and how many people are really going to say "no I don't have a likeable personality, and people don't like me..." so there is a pretty good chance that they are going to agree with me right from the start, and this is what I'm aiming for.

The first three statements I make are designed so that I can get a good yes ladder. A yes ladder is a 3 affirmative answers in a row.

So then I would say something like:

*And I would say that you have a good sense of humour that helps you connect with people quickly.*

So again this statement of having a good sense of humour is usually going to get me an affirmative answer so then continue on with my yes ladder and I say.

*And I also I think that a lot of times people see you as the type of person who's quite social, and sometimes maybe even the life and soul of the party...*

Now chances are that this last statement is going to get me another affirmative answer so now my yes ladder is complete so I step it up a gear and I start digging a little bit deeper.

So carrying on from the last statement, here's how the whole thing sounds.

*And I also I think that a lot of times people see you as the type of person who's quit*

*social, and sometimes maybe even the life and soul of the party... but at the same time*

*I think maybe sometimes you feel like it's kind of all an act, kind of like you're playing a part, And I think sometimes you even wonder who the real you is.*

So by this point we've created a yes ladder so the odds are in our favour that they're going to agree with me, so then the next thing I say is.

*And I bet sometimes you even consciously try and avoid being part of a group because you don't like the idea of being a follower, and you don't like the idea of just doing what everyone else does just to fit and I would say this is partly because maybe*

*you've been made to feel isolated from certain groups in the past like maybe when you were younger, or maybe from time to time you've been made to feel kind of like an outsider.*

Now chances are that she is going to agree with this statement as no one wants to admit to being a follower, everyone likes to think of themselves as an individual. So then I say.

*And I bet sometimes maybe you even find yourself watching everything going on around you and you just feel like you don't know what to say or what to do to get involved.*

Now with the last statement, I'm willing to bet that there's not a single person who at some point in their life hasn't been in one of these kind of situations where maybe you're at some kind of social event and everyone just seems to be having a good time,

but yet for some reason you're there and you just don't know what to say or what to do to get involved so you just stand there looking interested and smiling along with the conversation but really you're analysing things in your head and watching everything going on around you.

Everyone has been in this position and it's a universal experience... so then the next thing I say is...

*And sometimes you even play conversations back in your head and you wonder what it was that the person really meant when they said whatever it was that they said.*

So again this statement was in line with the previous statement and who hasn't had one of those times when someone has said something to you and it's really affected you and it may have only been that someone said something to you that was just a small comment or it may have been something bigger, but we all do it, we all overthink things, and play conversations back in our head and try and work out what that person

really meant, when maybe they didn't even mean anything at all so this is another good cold read to use.

And then I usually follow up with something like...

*And I can tell that you're the kind of person who's not just pushed around all the time, but at the same time I think you feel like there's a part of you that can be easily hurt and because of that you're a lot more careful with your feelings than you used to be...*

So let's take a look at what I've just said to my subject, first of all I said she not the kind of person who is just pushed around, well first of all how many people actually like to think of themselves as someone who is pushed around and secondly even if they are then how likely are they to admit it and that's what makes their mind decide it's ok to agree with my statement.

Then I go on to say that there's a part of her that can be easily hurt, well that's true for everybody... we can all be easily hurt unless you're a robot so she is going to agree with that.

And then finally I go on to say that she is a lot more careful with her feelings than she used to be, and that's true for everyone so it's a statement I can easily get away with it.

*And I think where you're more careful with your feelings now that maybe you used to be, because I think that in a way you've also learnt to protect yourself by keeping people at a distance until you decide that they're allowed over that line into your close group of friends.*

So when I say you've learnt to keep people at a distance then she has to agree with it because she already agreed with the previous statement of being careful with her feelings.

Because no one who is careful with their feelings is going to be the kind of person who just meets people and gives them their full trust and let's them into their life right away, so then I say...

*And because of this kind of protectiveness that you've built around yourself over the years I think that maybe to some people you can come across a little bit cold or distant... I don't know, what do you think?*

Next I always say something like...

*"And there's actually a side of you that you keep hidden from people and people never see it and I think that that's something that people don't normally realize about you, because they just see you as quite a strong person on the outside but between you and me you're actually very sensitive and I think there's times in the past when you've been so much hurt by things that they've actually changed your whole outlook on life haven't they..."*

Ok, so let's break down that section for you so you can get more of an idea about how it works... first of all we said that she has a side that she keeps hidden from people... now the truth is we all do, we all have thoughts that are personal to us and most of the time we never tell anyone about them, and because of the statement there's actually a side to you that you keep hidden from other people it really makes her feel that you have an understanding of her reality, and this is such a powerful concept, that's what the whole Looking Glass technique is based on...

Ok, so then I go on to say that it's something that people don't normally realize about her... and what this does is really just amplify that feeling that I understand her and no one else gets her except for me...

Next I say, people see you as quite a strong person on the outside, but between you and me you're actually very sensitive... now again this works as an amplifier and helps her realize that there are things about her that I have picked up on that most people never will which makes me look like a knight in shining armour compared to everyone else...

And finally I say that I think there are times in your past when you've been hurt so much by things that they've actually changed your whole outlook on life haven't they...

Now this statement is similar to something I have already said to the subject about her having a part of her that can be easily hurt so now she is more protective with her feelings and so if I know she agreed with it the first time then I know she will agree with it again and this time I put a twist on it and say that the things that hurt her have actually changed her whole outlook on life which again is true for anyone, if we're hurt by something then we always remember that and we always carry that around with us for the rest of our life, because that's how humans learn, we learn from mistakes and every day of our lives we have a constant battle to move towards things that cause us pleasure and to avoid the things that cause us pain. So if she has hurt by something, of course it's changed her outlook on life.

Ok, next I would say something like:

*"And I can tell that there was a time in your life, maybe in your teenage years when you felt misunderstood and you felt kind of like you couldn't really get close to anyone..."*

Now the reason this statement is always a good one to make is because everybody you meet has felt misunderstood at some point in their life, and for most people that

time was when they were a teenager so it works as a good example to throw in there.

Then I always say something like:

*“And another thing I can see in you is that maybe deep down, sometimes you wonder if the job you’re in right now is the right one for you...”*

*“And I think there’s a part of you that sometime wonders what it would be like to try something new... or make a living doing something completely different.”*

Now this statement is true for almost everyone, unless they’re a millionaire and or an actor or something along those lines then most everyday people will have thought at sometime if they’re in the right job.

Even someone who has had the same job for most of their life, the reason why they’re still there isn’t always because they love what they do, but instead it’s because of fear... so I think almost everybody can relate to that statement on some level.

And then, next up if their response has been positive and you can see that they’re agreeing with you then you can follow up with something like:

*And I think you’re quite a creative person and you’ve probably thought about how you could use that creative part of you and make a living out of it.*

*And I get the impression from you that when you were younger you people said that you had some kind of talent or ambition... And I think this talent is something that you could have developed... but there’s a part of you that feels like you haven’t had the opportunity to develop this talent in the way that maybe your parents or your friends or maybe even your teachers thought you would.*

Ok, so that was that... now chances are if your subject has thought about a chance of career then they’ve also thought about what it is they could do, and if they have then that means that they’ve probably thought about doing something that they’re passionate about and a lot of times our passions manifest when we are a lot younger, so of course it makes sense to them that there’s a part of them which feels they haven’t had the chance to develop this talent into something...

*And along those same lines of I get the impression from you that you play an instrument or maybe in the past you thought about playing an instrument but you’ve since abandoned the idea or you’re less interested in it.*

*Now the reason I like this statement is because most people at some point in their life have thought about learning to play an instrument, even if it was just when they were a child, they will still relate to this statement.*

*And out of those people who have thought about learning to play an instrument a good percentage of them will have taken the time to learn so chances are I will get an affirmative answer.*

*If I don't and she tells me she has never thought about learning to play and instrument then I can just say...*

*But... there is this really creative side to you so if it's not an instrument then it must be that you've tried some kind of creative writing like writing a book or poetry or something like that.*

Now remember, we've already had a positive answer from her that she had some kind of talent when she was younger so if it wasn't playing an instrument then there is a good chance it's something to do with writing, that's why I say creative writing, or poetry or something like that.

Now if she agrees with me then that's fine and we can move on but if the answer she gives me is still a negative answer then I'll just ask her, what it was.

Because remember, the point of this isn't saying that you're psychic and you know everything about her, the point is that you're saying that you're good at reading people and good at understanding people, so you don't have to hit everything on the head, so just ask her what it is.

So after she's either given me an affirmative answer or I've asked her what her creative talent was then I will steer the cold reading another direction and say.

*"And also I see you as someone who is driven and someone who works hard for the things you've got in life... and you're not one of those people who just gets everything given to them and everything just goes right for them... in fact, with you I would say that you've had a lot of barriers in your life and people saying No, and problems but you've overcome them..."*

Now the statement I just made is quite a risky one as you can never know for sure if a person is someone who works hard for the things they've got in life but it's normally quite easy to tell and you will normally get some kind of idea just by talking to a person.

And anyway if she does say no she hasn't worked hard and she has been given everything she has ever wanted then all you need to do is use the system and say something like:

*"But... even though you've always been given everything you've ever wanted, I think at the same time normally there are a lot of people who come from a privileged background and their parents just give them everything they want and then when they grow up their parents just aren't proud of them at all... but that's what's different*

*about you, I can see that there are parts of your life that you've worked hard at and there's problems you've faced in your life and you've overcome them and your parents are proud of you for that and I think that deep down that's something you can feel is right can't you..."*

So can you see that by just using the word "But" and then feeding her another vague statement about her parents being proud of her because of the problems she has overcome has made her forget I was wrong about the previous statement and made her think that this was what I was talking about the whole time and because of that she feels that I was right.

Now the next thing you can move onto is something about her parents so for example something I might say would be like:

*I also get the feeling that maybe your relationship with your parents is not as strong as it used to be or not as strong as you'd like it to be.*

Again, there is a good chance that she will agree with this statement so if she does then I will continue by saying...

*And even though there's this strain on the relationship, there's a part of you that wants to try and work things out but maybe because of things that have happened recently you feel frustrated with the whole idea and I think your parents are even completely unaware that you feel this way.*

So let's say you get an affirmative answer for the last statement, then you can talk about her relationship with her parents some more and then when you come to the end of your cold reading you can use a closer, which means is a statement where you talk about the future and you tell them that you can see good things for them coming their way...

This is the kind of thing psychics always do and the reason they do it is so that you leave the reading on a high note and it makes you feel good, it makes you feel like you enjoyed the whole process.

So here's the kind of thing I might say as a closer, I might say something like:

*And I think that in the future I would say that you shouldn't be afraid to let people in even though you feel that there's that part of you that you should hide from other people because if you let people I feel like you'll be able to really start to see your life going the way you want it to... and you'll have all the people you want to have around you and all the things you want in life will come a lot easier to you than they have in the past.*



*And one last thing is that I get the feeling that you have some kind of link with the UK right now, I'm not sure what it is but you can probably make more sense about it than I can.*

Ok, so that was the second part of the Looking Glass technique.

And that was just a quick cold read that would probably take around ten minutes to do, but of course you could do it for as long as you like and take it as deep as you like depending on her reactions to your statements.

And there are ways that you can make the Looking Glass even more powerful where you use what we call warm reading, and that's where you actually find out information about them before you do the technique.

So this is just one example, but let's say you know you have a date with this person and you're planning on using the looking glass, as long as you know your dates name then you could easily go to Facebook, find out some details about her and then use that in your readings.

So just some of the things you might be able to find out would be where they were born, their parents names, if they have any brothers or sisters, their year of birth, what her hobbies and interests are, their taste in music, what kind of movies or TV shows they watch, and maybe even more information than that..

So you find out these details and you can use them when you're doing the looking glass.

So if you know her brother's name is "Nick" then you could say...

*"And I'm getting the impression from you that you're not an only child are you, I think you have at least one brother or sister... and I would say it's a brother and his name begins with an M or an N or something... is his name Nick."*

Then of course when you say that then she's going to be freaking out, asking you how you know that, and again all you say is that you're good at reading people.

So can you see how powerful this technique can be?

And when you use that information when you're doing the looking glass people flip out. They have no idea how you're doing it. And it's insanely powerful, when you use this stuff you honestly never have to worry about being the alpha again, you never have to worry about being higher value or anything because this type of advance technology will make you the most interesting person in the room, or in the bar or wherever you happen to be.